Insulin-Treated Diabetes Mellitus

Effective November 19, 2018 new federal regulations allow a person with a **stable** insulin regimen and **properly controlled** insulin-treated diabetes mellitus (ITDM) to be qualified to operate commercial motor vehicles.
The new rule removes a blanket exclusion against insulin use.

Previously, a person with insulin-treated diabetes were prohibited from operating commercial motor vehicles unless they had obtained a diabetes exemption from the federal government.
Commercial drivers who have an existing federal diabetes waiver will continue to be qualified until the current waiver expires or the current medical expires, whichever comes first.

At that time, they may follow the new process.

New commercial applicants may apply using the new process.
Affected drivers will have ‘Yes’ checked in both ‘diabetes or blood sugar problems’ and ‘Insulin used’ in the Driver Health History.
The drivers healthcare professional, who manages & prescribes their insulin, provides an **ITDM Assessment Form (MCSA-5870)** to the ‘National Registry’ certified medical examiner (CME).
Directions to the driver on the ITDM Assessment Form:

- When you are being evaluated prior to a medical certification examination, the certified medical examiner must receive this form and begin the examination no later than 45 calendar days after a treating clinician signs this form.
The CME is responsible for determining if the individual meets the physical requirements and can be licensed without restrictions.

The CME may grant individuals with ITDM a Medical Examiner’s Certificate (MEC), MCSA-5876, for up to 12 months.
IDTM Process Synopsis

1. The medical clinician prescribing the insulin completes a MCSA-5870.
2. The MCSA 5870 is provided to the CME within 45 days of signed.
3. CME makes the medical determination for up to 12-months.
4. MER & MEC are provided to DMV, as is current process.
5. DMV updates based on MER & MEC.
6. Do **not** take the MCSA 5870 to DMV.
Contact Information

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Licensing Operations Division
Commercial Driver Licensing Policy